



SUPPORT GROUP MEETING

Register Now For Our Last
NPOwer Support Group Meeting
For 2023, Friday 8 December
at 12pm

This Months Topic:

The end of 2023 is fast approaching,
prompting us to consider the baggage we
should shed as we step into 2024.



**FREE
ONLINE
SUPPORT
GROUP MEETING**

**For all NPO workers,
leaders and volunteers!**

YOURSELF
www.npowersa.org

When: Friday, 8 December 2023
Time: 12:00 - 1:00pm
Where: Zoom
Register: https://bit.ly/NPOwer_SGM
For more info: info@npowersa.org



Join the NPOwer Support Group Meeting on **Friday, 8 December 12pm**, as we reflect on the events of 2023, celebrate our achievements, and share what we are looking forward to in the New Year.

Register for our **FREE NPOwer Support group** meeting, taking place Friday, 8 December at 12pm.

[Click here to RSVP](#)

Let us hear from our Support Group Members and what they had to say about the Support Group Throughout the year.

Some of the past thoughts and comments from our Support Group Members:



If you, or someone you know, is working in the non-profit sector and are in need of some extra mental health help and support, please call the NPOwer toll-free helpline. The helpline is operational 24 hours a day, 7 days a week, 365 days a year with counselling available in all 11 official languages. Call 0800 515 515 or send a SMS to 43010.



Kind regards,

NPOWER Team

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