



## Coffee Connect with an NPO

Join NPOwer's Facebook Live Chat  
on Monday, 30 October at 12pm

@NPOWERSA

**NPOwer**  
Supporting the mental health of South African NPOs

**JOIN OUR LIVE  
FACEBOOK CHAT**

**Coffee Connect**  
Monday, 30 October at  
12:00 - 12:30



**Mercury Duma**  
Duma Literacy Foundation



**Genevieve Burrow**  
The Youth Hub

In an effort to spotlight the fantastic work of our country's NPOs,

NPOwer hosts connective and informative Coffee Connect sessions on the last Monday of every month.

Grab your cup of Coffee or Tea and join us via our [@NPOwerSA Facebook](#) page for the next Coffee Connect, **Monday 30 October at 12 pm** where we will be chatting with NPOwerers, Mercury Duma from Duman Literacy Foundation, and Genevieve Burrow from The Youth Hub.

NPOwer collaborates with various NPOs based nationwide by hosting a **Facebook Live** chat where we will spotlight the excellent work of these organizations and learn more about how they navigate their Mental Health while working in the NPO Sector, as each guest shares the different challenges they may be facing and how they overcome the challenges.

If you're part of the NPO sector and want to network and learn more, don't miss this live chat. RSVP by clicking the link below.

[Click here to RSVP](#)

If you would like to be a guest on our Coffee Connect, please email us at [info@npowersa.org](mailto:info@npowersa.org). We would love to collaborate with you.

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## Lets Recap On The Previous Coffee Connect Sessions

In case you missed the previous NPOwer Coffee Connect Chats, we have recorded the sessions which are freely available for all to watch via the **NPOwer Facebook Page**.

The NPOwer Coffee Connect sessions allow us to share our highs and lows about working in the NPO sector, learn how to stay motivated during tough times, and learn some of the valuable lessons learned while being in the non-profit sector.

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**JOIN OUR LIVE FACEBOOK CHAT**  
**World NGO Day**  
**'Grab & Go with a NGO'**  
Monday, 27 February at  
12:00 - 12:30  
@NPOWERSA

**Lebogang Motau** Free World Initiative  
**Kavya Swaminathan** Tears Foundation  
**Allison Myeza** Mazarat Animal Rescue

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**JOIN OUR LIVE FACEBOOK CHAT**  
**'Grab & Go with an NGO'**  
Monday, 27 March at  
12:00 - 12:30  
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**Venessa Horn**  
The SA Red Cross Air Mercy Service Trust (AMS)  
**Zintle Bebeza**  
Buhle Farming Academy

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**JOIN OUR LIVE FACEBOOK CHAT**  
**Coffee Connect**  
Monday, 24 April at  
12:00 - 12:30

**Jenny Wright**  
Milk Matters  
**Ghadija Petersen**  
REACH

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**JOIN OUR LIVE FACEBOOK CHAT**  
**Coffee Connect**  
Monday, 29 May at  
12:00 - 12:30

**William Chauke**  
Phakamani Foundation  
**Tshidi Mathole**  
The National Shelter Movement of SA

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**JOIN OUR LIVE FACEBOOK CHAT**  
**Coffee Connect**  
Monday, 26 June at  
12:00 - 12:30

**Evashnee Naidu**  
Black Sash  
**Marina Reyneke**  
National Freedom Network

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**JOIN OUR LIVE FACEBOOK CHAT**  
**Coffee Connect**  
Monday, 31 July at  
12:00 - 12:30  
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**Lucy Balona**  
Cancer Association of South Africa (CANSA)  
**Flory Tshimbalanga Kabambi**  
Village of Hope



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JOIN OUR LIVE FACEBOOK CHAT

**Coffee Connect**

Monday, 28 August at 12:00 - 12:30




**Mohamed Bedream Kazi**  
Gift of the Givers

**Monja Boonzaier**  
Hamba Bamba Funda

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JOIN OUR LIVE FACEBOOK CHAT

**Coffee Connect**

Tuesday, 26 September at 12:00 - 12:30




**Desiré Wright**  
Hlokomela  
(Hoedspruit Training Trust)

**Ruen Govinder**  
Hashtag Nonprofit NPC

Click the button below to watch the Facebook live sessions with the NPowerers from our previous sessions.

[Click to watch](#)

## You Are Not Alone

Supporting the mental health of South African NPOs

**NPower**

Supporting the mental health of South African NPOs

Tshikululu SADAG NPO Support Helpline:

**0800 515 515**

SMS number 43010



NPower, a first-of-its-kind NPO Mental Health Support Programme provides a 24-hour toll-free helpline that offers FREE Mental Health

care and support to all NPOs, NGOs & NPCs in South Africa.

The helpline manned by a team of dedicated counsellors is available 24 hours a day, 7 days a week, 365 days a year with counselling available in all 11 official languages.

**If you, or someone you know, is working in the non-profit sector and are in need of some extra Mental Health help and support, please visit the NPOwer Website or call the NPOwer toll-free helpline on 0800 515 515.**

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